



Commodore Athletics

<i>Page</i>	<i>WHAT'S INSIDE</i>
<i>2 & 3</i>	<i>Athletic Staff & Campus Map</i>
<i>4</i>	<i>Eligibility</i>
<i>5</i>	<i>Confidentiality</i>
<i>6 & 7</i>	<i>Things to Know</i>
<i>8</i>	<i>Important Medical Information</i>
<i>9</i>	<i>All About Registration</i>
<i>10 & 11</i>	<i>Code of Conduct</i>
<i>12</i>	<i>Social Networking</i>
<i>13</i>	<i>Drug Education/Testing</i>
<i>14</i>	<i>Parking & Traffic Control</i>
<i>15 & 16</i>	<i>NJCAA-NCAA</i>

***STUDENT ATHLETE
HANDBOOK***

2012-2013

ATHLETIC DEPARTMENT STAFF

ADMINISTRATIVE STAFF

Gregg Wolfe, Athletic Director	gwolfe@gulfcoast.edu	office 872-3830 cell 832-3704
Barbara Gilbert, Sr. Admin. Assistant	bgilbert@gulfcoast.edu	office 872-3831
Stefanie Kindt, Athletic Trainer	skindt@gulfcoast.edu	office 769-1551 ext.3369 cell 850/276-7590

COACHING STAFF

Volleyball

Kyle Peck, Coach	kpeck@gulfcoast.edu	office 769-1551 ext.3362 cell 321/277-1599
------------------	---------------------	---

Women's Basketball

Vernette Skeete, Coach	vskeete@gulfcoast.edu	office 873-3532 cell 786/837-3637
------------------------	-----------------------	--------------------------------------

TJ Royals, Asst. Coach	troyals@gulfcoast.edu	office 913-3277 cell 404/574-8114
------------------------	-----------------------	--------------------------------------

Men's Basketball

Jay Powell, Coach	jpowell@gulfcoast.edu	office 747-3235 home 774-6123
-------------------	-----------------------	----------------------------------

Jordan Carter, Asst. Coach	jcarter@gulfcoast.edu	office 873-3568 cell 270/792-0255
----------------------------	-----------------------	--------------------------------------

Softball

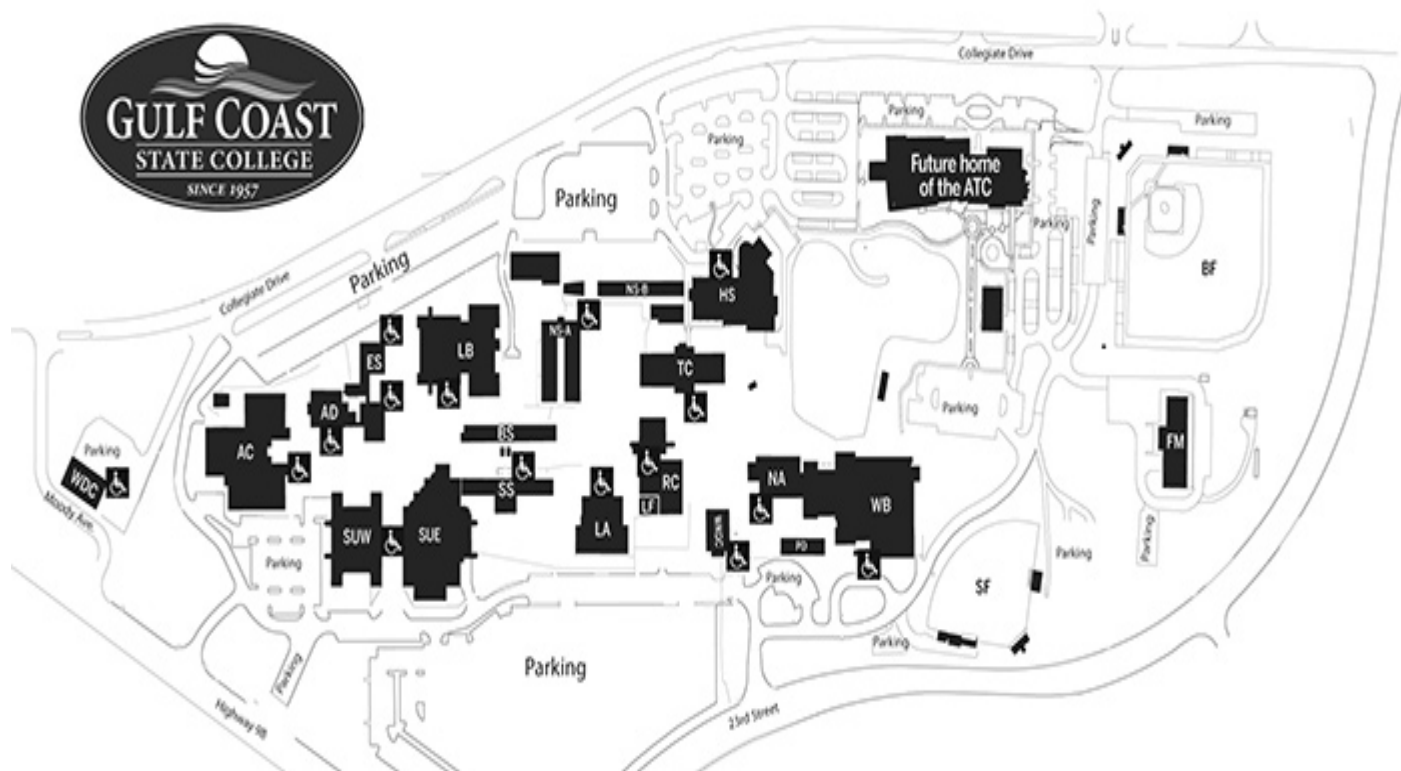
Susan Painter, Coach	spainter@gulfcoast.edu	office 747-3202 home 230-1139
Blythe Golden, Asst. Coach	bgolden@gulfcoast.edu	office 769-1551 ext.2813 cell 850/209-2233

Baseball

Mike Kandler, Coach	mkandler@gulfcoast.edu	office 872-3897 cell 348-1106
---------------------	------------------------	----------------------------------

Alex Kubal Asst. Coach	akubul@gulfcoast.edu	office 747-3256 cell 612/239-4604
------------------------	----------------------	--------------------------------------

GCSC Panama City Campus



Classroom Sites

- AC -- Amelia G. Tapper Center for the Arts
- BS -- J.R. Asbell Business Building
- HS -- George G. Tapper Health Sciences Building
- LA -- The Russell C. Holley and Herbert P. Holley Language and Literature Building/Sarzin Lecture Hall
- LB -- Library
- LF -- La Friandise
- NA -- Natatorium/Pool
- NS-A -- Natural Sciences Labs/Offices
- NS-B -- Natural Sciences Classrooms/Ken Sherman Science Center
- PD -- Professional Development Center
- RC -- Rosenwald Junior College Classroom Building
- SS -- Social Sciences Building
- SUE -- Student Union East/Gibson Lecture Hall
(Student Development/Continuing Education)
- SUW -- Student Union West
(Bookstore/Mathematics/Success Center)

- TC -- Technology Building
- WB -- Wellness Building/Billy Harrison Field House
- WDC -- Workforce Development Center/ Human Resources
- WKGC -- WKGC-AM/FM Studios

Administrative Sites

- AD -- Administration Building
- ES -- Enrollment Services Building/Testing/ Admissions/Financial Aid/ E.A. Gardner Advising Center
- FM -- Facilities Management

Sports Complexes

- SF -- Softball/Joe Tom King Field
- BF -- Baseball/Bill Frazier Field

Automatic Doors for Disabled

STUDENT ATHLETE ELIGIBILITY

The determination of athletic eligibility is a complicated process. The following are highlights from the JNCAA and FCCAA rules governing your eligibility. Do not rely on your interpretation of these rules? Direct all questions concerning eligibility to your head coach or the athletic director.

- ★ A minimum of 12 semester hours is established as the term requirement for participation. Thus, 12 semester hours becomes “full-time” when defining eligibility.
- ★ Prior to the second full-time term, a student-athlete must have passed 12 credit hours with a 1.75 GPA or higher.
- ★ In all other terms, a student-athlete must pass a minimum of 12 semester hours with at least a 2.00 GPA in order to be eligible for a succeeding term.
- ★ A student may establish eligibility for a term by an accumulation of semester hours equal to 12 times the number of terms of full-time enrollment with at least a 2.00 GPA.
- ★ To be eligible for a second season of participation, a student-athlete must have accumulated a minimum of 24 semester hours with at least a 2.00 GPA.
- ★ In computing GPA for the purpose of eligibility, all (not best) courses will contribute to the calculation of the GPA.



CONFIDENTIALITY OF STUDENT RECORDS



GCSC assures the confidentiality of student educational records. Two laws, one federal and one state, apply to student records. The “Buckley Amendment” is the popular name for a the federal legislation entitled the Family Educational Rights and Privacy Act of 1974. The state counterpart is found in Section 228.093 of the Florida Statutes.

The Buckley Amendment has two purposes: (1) to protect the privacy of students records and (2) to allow students to have access to their own education records.

An education record means any document or other data directly related to a student whether incorporated into the student’s official records at the registrar’s office, at a college, a department, or elsewhere. This record includes the academic work of the student, achievement records, attendance data, family background information, discipline records, and other information not excluded by law.

Information which can be released to the public on any student is name, date and place of birth, most recent previous educational institution attended, major, class, participation in officially recognized activities and sports, weight and height of members of athletic teams, dates of attendance, degree earned, awards received, local and permanent address and telephone numbers. Your scholarship agreement or walk-on agreement includes a release whereby the college can report matters concerning your academic standing to NJCAA and FCCAA officials.

THINGS YOU SHOULD KNOW

One Year Scholarship

All student athlete scholarships are for one year. If you are on an athletic scholarship, you may or may not be renewed for the following school year, this is at the discretion of your head coach.

Equipment and Uniforms

Equipment and uniforms will be distributed at the beginning of your specific sports' season. It is your responsibility to take care of all uniforms and equipment in your possession. If any equipment or uniform parts are lost or stolen, you must report the loss to your head coach immediately.

Scholarship Books

Student athletes receiving books, will receive a book voucher from their coach prior to the first day of classes for each semester.

A restriction will be placed on your college records to include your transcripts and a \$25.00 late fee will be charged for books not returned to the ATHLETIC OFFICE by the posted due dates for each semester. You are responsible for lost or stolen books. **DO NOT GIVE YOUR BOOKS TO YOUR COACH OR A FRIEND TO RETURN.**

Student Athletes on a Housing Scholarship

Per your scholarship, a \$100.00 non-refundable deposit is required annually and due before the last Friday of September. No personal checks accepted.

You will be required to sign a "Housing Agreement" stating the rules set by the Athletic Department and also be expected to abide by the apartment rules set forth by the apartment complex you are living at. Utility bills in excess for electric, gas and water/sewage will be your responsibility (excess \$ amounts will be stated on your individual housing contract) will be divided and charged to each athlete in that apartment. Also, any damages to the college apartment/property will be the financial responsibility of the athlete and a restriction will be placed on your college records to include your transcripts until this debt is paid.

AND MORE THINGS

Meal Scholarship

If you will be receiving an in-house meal plan (stated on your scholarship - check with your coach if you are not sure), your meals will be provided by Cabin Creek, in the Student Union Cafe, Monday-Thursday, when the college cafeteria is open to all faculty, staff, and students. Meals are not provided during regular school holidays or whenever the college is closed. It is up to you to get to the cafeteria on time. You will be required to show your GCSC picture ID with your meal card to identify yourself as an athlete when you pass through the cash register area. NOTE: Do not cut in line and do not harass the cafeteria workers.

NOTE: Purchases from the cafeteria meal plan are **ONLY** for the student athlete on the meal card. The sharing or purchasing of food/drink for someone else is prohibited and a violation of scholarship guidelines and could result in the loss of all meal plan privileges. These examples are not all inclusive.

If you are receiving a dinner and/or weekend stipend, you may pick up your meal stipend at the Business Office, your coach will determine when your stipend can be picked up. (ONLY YOU CAN PICK UP YOUR MEAL STIPEND AND YOU MUST SHOW A PICTURE ID).

Money not picked up for that week will not carry over to the next week.

Scheduled Travel and Meals

Athletes who travel to away games, whether on a scholarship or not, are allowed a travel meal allowance. Your coach will have a form for you to sign anytime you receive either cash or meals during athletic travel. Your coach will have to turn this into the Business Office so make sure you sign your name where indicated on the form.

Travel provided by Kincaid Coaches



Important Medical Information



Gulf Coast State College Sports Medicine Team

Gulf Coast Medical Center and Southern Orthopedic Specialties providing Sports Medicine services to GCSC

Head Athletic Trainer	Stefanie Kindt, MS, ATC
Team Physicians	Chad Mitchell, MD Michael C. Noble, MD Steven Malik, MD

Athlete Injury Protocol

If you get hurt during a scheduled practice or game you should inform your coach and see the athletic trainer as soon as possible so appropriate care can be provided and so that an accident report can be completed (this must be on file in the athletic office before a doctor's appointment can be made). The sooner injuries are taken care of the sooner you can return to activity.

Doctor's appointments are scheduled through the athletic trainer; any appointments made by the athlete will not be covered by athletic insurance. Make sure you have your primary insurance card or information with you at the time of your appointment.

BE RESPONSIBLE.....DON'T BE LATE FOR OR MISS YOUR APPOINTMENT

College Insurance Coverage for Student-Athletes (secondary policy only)

The athletic insurance is an accidental insurance policy that covers injuries during a recognized or scheduled practice or game only. It does not cover personal illness, medications, dental problems or injuries.

Compliance with Insurance Company Requests

It is the student-athlete's and his/her parent(s)/guardian(s) responsibility to understand the conditions that apply to their policy and comply with any requests for information, etc. from the primary insurance company. any delinquent bills resulting in bad credit due to non-compliance with insurance company requests will be the responsibility of the student-athlete and/or his/her parents(s)/guardian(s).

Personal Insurance Policy Changes

The Athletic Department Administrative Assistant (room 109) MUST receive any changes to your personal insurance policy as soon the changes are made. If proper notification is not received, the GCSC athletics department will not be responsible for any delays in payment, collections notices, credit reports, etc. that occur.

If a cancellation of a policy occurs without proper notification, all bills incurred during that period will be the responsibility of the student-athlete and/or his/her parent(s)/guardian(s).

International Student-Athletes

In order to be enrolled in classes at any United States college, international students must prove that they have personal insurance that complies with standards set by the federal government.

Medical Bills

In the event that a student-athlete should receive a bill/statement for an injury that occurred as a direct result of participation in intercollegiate athletics at GCSC, the student-athlete must submit the bill/statement to the Athletic Department Administrative Assistant (room 109) within 5 days of receipt. Bills received after 5 days may be the responsibility of the student-athlete and/or the student-athlete's parent(s)/guardian(s).

When moving out of town complete a "change of address" card with the post office so bills are not missed.

While it is the administrative assistants responsibility to oversee the claims process and submit claims to the secondary insurance policy, it is the student-athlete's responsibility that the physician's office is provided the forms necessary for insurance claiming and ensures their primary insurance information is provided and correct.

ALL ABOUT REGISTRATION

REGISTRATION

Step 1

Complete an admissions application.

Step 2

Request high school or college transcripts (if transferring to GCSC from another institution) to be sent to the Enrollment Services. All transcripts required for eligibility.

Step 3

Take the placement test or provide ACT or SAT scores.

Step 4

Your coach will either advise you or send you to an Academic Advisor depending on your program. Once advising is completed, your coach will then be able to register you for classes.

Step 5

If you are not on an athletic tuition scholarship: pay tuition fees and pick up your class schedule at the Business Office or Bookstore.

DROP/ADD

Due to eligibility restrictions, you **MUST** consult your coach.

WITHDRAWALS

Due to eligibility restrictions, you **MUST** see the Athletic Director.

Student-athletes cannot initiate a withdrawal. All withdrawals other than those initiated by a faculty member need to be approved by the Athletic Director. All withdrawal notices are sent to the Athletic Director and your Head Coach.

WITHDRAWALS DUE TO NON-ATTENDANCE

Withdrawals by an instructor may be done for those whose absences exceed that which their instructors deem appropriate in order to receive credit (this could be as few as 3 absences in some courses). Excessive absences will result in a "W" or "F" grade.

A MEETING WITH THE ATHLETIC DIRECTOR WILL BE SCHEDULED

STUDENT CODE OF CONDUCT

1. Do not be late or miss class.
2. Consult your coach or the athletic director for personal problems or any difficulty that hinders or restricts your personal success.
3. Be attentive in class, answer questions, make appropriate comments, and be respectful to instructors and fellow students.
4. Academic dishonesty, including all forms of cheating on exams and plagiarism is against college policy.
5. College telephones are not here for your use!!! Misuse of college telephones is a state offense and punishable by law.
6. Unauthorized entry of any college building or office is prohibited.

Your responsibility as a GCSC student athlete is that of a student—first and foremost. Your responsibility is to the classroom—attendance, punctuality, participation, etc. No less is expected or accepted.

Your second responsibility is that of an athlete. You are expected to attend all practices and games and to exhibit good sportsmanship and team dedication.

Electronic Devices

All cell phones, pagers, cameras & other personal electronic devices must be turned off and out of sight in classrooms, labs, the library, study spaces & any other academic settings or college events and other reasonable areas where privacy is expected.

CHAD MERIDITH ACT (HAZING) - effective 7/1/05

What is HAZING, the pressuring or coercing of a student into violating state or federal law. Hazing is a criminal act and punishable by law.

HARASSMENT

Harassment is considered to be any repeated or unwelcome verbal or physical abuse which causes the recipient discomfort or humiliation or which interferes with the recipient's academic performance.

The President of the College may act directly or through a designee to investigate and report harassment claims.

STUDENT ATHLETE CODE OF CONDUCT

Some specific acts of misconduct which are unacceptable:

- ⊗ Significant, severe or repeated violations of team rules
- ⊗ Violation of athlete apartment rules (that includes NO visitors).
- ⊗ Violation of NJCAA, FCCAA or GCSC rules and regulations governing athletics.
- ⊗ The use, possession of or selling illegal drugs; the use of tobacco products on or in college facilities; or the use of alcohol on or off the college campus; or by a minor at any time.
- ⊗ Conduct unbecoming an athlete on or off the court/field. Such conduct shall include but not be limited to those items listed in the Student Disciplinary Code.
- ⊗ Failure to prepare for, attend and/or participate effectively in academic classes. Class work missed because of illness or away games **MUST BE MADE UP**.
- ⊗ Arrangements for make-up work or future assignments are your responsibility and must be made prior to your trip. Your coach will not intercede on your behalf with any instructor to allow you to circumvent an assignment or class requirement due to the fact that you are a member of an athletic team.
- ⊗ Prior notice to instructors that a trip is planned will prevent conflicts or a miss communication in most cases.
- ⊗ Failure to prepare for, attend and/or participate effectively in practices, scrimmages or games. Unsportsmanlike conduct shall be dealt with. NJCAA and FCCAA guidelines will be followed for preliminary action, with additional action to be determined by the Athletic Director on an individual basis.

Each sport will have a set of team rules governing conduct, housing restrictions, and other applicable matters. Your coach will explain the rules, specific to your sport, which he or she expects you to follow. If you don't feel that your actions and attitude can stand up to the scrutiny of your family, your team mates, your coach, your college, and your community **then DON'T DO IT!**

SOCIAL NETWORKING GUIDELINES

As a student-athlete, I realize that because I am an ambassador to Gulf Coast State College (GCSC), I am subject to a higher code of conduct than my student counterparts. Therefore, in order to preserve my electronic presence*, I am committed to:

1. Posting only appropriate personal information to my profile
 - a. I will omit my phone number or address in my profile
 - b. I will only list appropriate e-mail addresses and nicknames
 - c. I will not include my schedule, spring break plans, or any other information that will allow potential stalkers to know my whereabouts.
2. Monitoring electronic photo albums
 - a. I will not take photos that would be considered inappropriate**.
 - b. If an inappropriate photo is taken, I will ask the photographer to refrain from posting the picture on the internet or, at the very least, to exclude me when tagging pictures individuals.
 - c. I will frequently check my tagged photos. If I find an inappropriate photo tagged to my name, then I will un-tag it and ask the photographer to delete the picture from their album.
 - d. I will set all personal photo albums to "visible to friends only." This will help protect me from potential stalkers and will limit the exposure of any inappropriate photos that I may have unintentionally included in the posting process.
3. Monitoring postings
 - a. I will ensure that the postings on my "wall" are appropriate
 - b. I will not post any message that is considered inappropriate
4. Allowing only friends and acquaintances to join my group of friends.
5. Setting parameters so that only people I accept as friends may view my profile.
6. Monitoring social network usage among my teammates
 - a. I realize that a team is only as successful as its weakest link and therefore, I am committed to ensuring that my team does not make choices that could result in team-affecting consequences, due to improper social networking website usage.
 - b. If I do not feel comfortable with confrontation, then I will discuss the issue with my coach or another teammate and have him or her resolve the issue.
7. Joining only appropriate groups
 - a. After joining an appropriate group, I will continually monitor it to ensure that the group name or focus does not become inappropriate.
 - b. I will not create a group that is inappropriate
8. Using social networking sites in a way that is non-malicious.
 - a. I will not use social networking sites in a way that will harm others, especially coaches or teammates.
 - b. I will not use social networking sites to disrespect my opponents.
9. Staying up to date on new website features and making a consistent effort to ensure that these new evolutions do not compromise me or GCSC.
10. Representing myself in a professional manner while using social networking sites.
 - a. As a student-athlete, I realize that I am an ambassador to GCSC, and because of this great responsibility, I must conduct myself in a proper manner while on these websites.
 - b. I realize that potential employers, graduate school program administrators, and others outside of my peer group may view my profile, and that what I post may have an effect on my future employment or professional reputation.

*Electronic presence refers to a student-athlete's involvement in an electronic community.

**Inappropriate content is anything that is illegal, or that Gulf Coast State College and/or athletic department may deem as inappropriate. This list may include but is not limited to: partial or total nudity, underage consumption of alcohol, hazing activities, tobacco use, obscene gestures, derogatory statements or vulgar language.

**DRUG EDUCATION PROGRAM
and
DRUG SCREENING/TESTING**

Introduction

Student athletes face enormous pressures, both on and off the court or field, as they strive to excel academically and athletically. The rigors of classroom instruction at Gulf Coast State College places a significant intellectual and emotional stress on our student athletes, compounded by the intense nature of the physical activity experienced during practice and competitive events. The purpose of this program is to promote healthy lifestyle choices and provide a conducive learning environment for student athletes, free from pressures and risks associated with the use of illegal drugs.

Drug Education

All student athletes will be required to attend educational sessions involving the promotion of healthy lifestyle choices and the negative consequences of poor decisions. Included will be discussions on the college's policies and procedures for illegal drug screening/testing and the consequences of positive test results. In addition, discussions of state and federal laws regarding possession and use of illegal drugs will occur.

Drug Screening/Testing Program Overview

1. All student athletes will be required to submit to an annual drug screening test shortly after arriving to the college.
2. All student athletes will participate in a random sample drug screening/testing program throughout the year.
3. All student athletes will be required to submit to additional testing under reasonable cause.
4. Any student athlete testing positive two times will be removed from his/her scholarship and athletic participation.

PARKING and TRAFFIC CONTROL

If you have your own vehicle, **you** are responsible for picking up your student parking decal in the Enrollment Services Bldg, this is at no cost to you. This decal must be located on the lower left corner of your back window.

BEWARE.... there are reserved parking areas established for no parking, employees and handicapped by either a posted sign or curb color.

Reserved parking areas:

Green curb—employee parking
Blue curb—handicapped parking
Yellow curb—no parking

All vehicles must be parked in designated areas (this includes motorcycles). It is illegal to drive or park a vehicle on the sidewalks or grass at any time.

FSU Police monitors the parking lots. If they sees any vehicle parked in a reserved area or without a student decal, the vehicle will be ticketed.

The college shall assume no responsibility for damage occurring to any vehicle or other forms of transportation including bicycles and/or other privately owned property while on campus.



NO SPEEDING!!! TICKETS WILL BE ISSUED

NJCAA—NCAA
PARTICIPATION RULE DIFFERENCE

This information is provided for your use and is subject to change — see your coach for specific questions.

The NJCAA only charges a season of competition for participation in regular season or post-season play. The NJCAA does not charge a season of eligibility for participating on a scrimmage basis. However, the NCAA regulations charge eligibility for taking part in a “contest”. As per the regulations of the NCAA, located in By-Law Article 17.02.2, a contest is described as follows:

17.02.2 Contest. A contest is any game, match, exhibition, scrimmage or joint practice session with another institution’s team, regardless of its formality, in which competition in a sport occurs between an intercollegiate athletics team or individual not representing the intercollegiate athletics program of the same member institution. (revised: 1/10/91)

17.02.3 Contest, Countable, Institutional. A countable contest for a member institution, in those sports for which the limitations are based on the number of contests, in any contest by the member institution against an outside team in that sport, unless specific exemption for a particular contest is set forth in this bylaw. Contest, including scrimmages, by separate squads of the same team against different outside teams shall each count as one contest.

17.02.4 Contest, Countable, Individual Student-Athlete. A countable contest for an individual student-athlete in a sport is any contest in which the student-athlete competes while representing the member institution individually or as a member of the varsity, sub varsity or freshman team of the institution in that sport, unless a specific exemption for a particular contest is set forth in this bylaw.

This section essentially means that a student-athlete that only scrimmages at the NJCAA level, will be charged with a season of competition at the NCAA/NAIA level.

Another area with a major difference between the organizations relates to seasons of competition. The NJCAA does not limit the student-athletes to period of time or create an age limitation. The NCAA, at the Division I Level utilizes the five (5) year rule, and the ten (10) semester, fifteen (15) quarter rule for Division II and III.

NJCAA—NCAA
PARTICIPATION RULE DIFFERENCE

14.2 Seasons of Competition: Five-Year/10 Semester Rule. The student-athlete shall not engage in more than four seasons of intercollegiate competition in any sport. An institution shall not permit a student-athlete to represent it in intercollegiate competition unless the individual completes all of his or her seasons of participation in all sports within the time periods specified below:

14.2.1 Five-Year Rule—Division I. The student-athlete shall complete his or her seasons of participation within five calendar years from the beginning of the semester or quarter in which the student-athlete first registered for a minimum full-time program of studies in a collegiate institution, with time spent in the armed services of the U.S. Government being excepted. For foreign students, service in the armed forces or on an official church mission of the student's home country is considered equivalent to such service in the United States.

14.2.1.1 Determining the Start of the Five-Year Period. For purposes of starting the count of the time under the five-year rule, a student-athlete initially registers in a regular term of an academic year for a minimum full-time program of studies, as determined by the institution and attends the student's first day of classes for that term.

14.2.2 Ten-Semester Rule—Division II and III. The student-athlete shall complete his or her seasons of participation during the first 10 semesters or 15 quarters in which the student is enrolled in a collegiate institution in at least a minimum full-time program of studies, as determined by the regulations of that institution. For an institution that conducts registration other than on a traditional semester or quarter basis, the NCAA Academic Requirements committee shall determine an equivalent enrollment period.

14.2.2.1 Utilization of Semester or Quarter. A student-athlete is considered to have utilized a semester or quarter under this rule when the student is officially registered in a collegiate institution in a regular term of an academic year for a minimum full-time program of studies, as determined by the institution and attends the first day of classes for the term.

All NJCAA institutions should be aware of these rule differences, as they may later affect those student-athletes transferring to four (4) year institutions.

About our Gulf Coast State College Sports Medicine Team

Gulf Coast Medical Center

Gulf Coast Medical Center is providing Sports Medicine services to Gulf Coast State College. Gulf Coast Medical Center (GCMC), Panama City, FL is a 176-bed acute care hospital. The hospital has served patients in Bay and surrounding counties since 1977. More than 800 area residents are employed at GCMC, which contributes more than \$78 million annually to the local economy. Its medical staff includes more than 200 physicians who represent more than 30 specialties.

Over the past 35 years, the hospital has quietly earned the reputation among physicians as the area's healthcare quality leader. As a result, GCMC was recognized by the Joint Commission as the area's only Top Performing Hospital, a designation that underscores the hospital's focus on quality. Recently GCMC was named in the top 100 Hospitals by Thomson Reuters.

GCMC's ability to meet the needs of the Gulf Coast State College (GCSC) student athlete will be supported by the GCMC Sports Medicine team. The team consists of: Physicians (Southern Orthopedic Specialists, Bay Radiology, and Gulf Coast Medical Center ER physicians), State of Florida Licensed and Certified Athletic Trainers, Diagnostic/Imaging specialist, and Rehabilitation specialist consisting of all disciplines: Physical, Occupational, and Massage Therapist.

These members have provided services to Bay County athletes for more than 10 years.

Athletic Trainer

Stefanie Kindt, MS, ATC serves as the Head Athletic Trainer for Gulf Coast State College. Originally from Mobridge, SD, she attended North Dakota State University in Fargo, ND graduating with a Bachelor of Science in Athletic Training. She obtained her Masters in Exercise and Sports Science from the University of Florida in Gainesville, FL. Stefanie is a Certified Athletic Trainer and a Certified Strength and Conditioning Specialist and has also taught group cycling classes and boot camp fitness classes. She most recently worked in Lincoln, Nebraska caring for the athletes at two high schools. Previous to that she worked as the Head Athletic Trainer and Assistant Professor at Doane College in Crete, NE – a position she held for 13 years.

Team Physicians

Chad Mitchell, MD, Michael C. Noble, MD and Steven Malik, MD of Southern Orthopedic Specialties serve as Team Physicians for Gulf Coast State College. Southern Orthopedic Specialists is North Florida's leader in Orthopedic and Sports Medicine care. Our team of eight (8) physician specialist, advanced imaging and a durable medical equipment department, all from our convenient campus environment centrally located on Harrison Avenue in Panama City, Florida.



Volleyball
Men & Women's Basketball
Softball
Baseball

GULF COAST STATE COLLEGE
WELLNESS & ATHLETICS DEPARTMENT
5230 WEST HIGHWAY 98
PANAMA CITY, FLORIDA 32401

Athletic Office Phone: 850/872-3831

Fax: 850/873-3530

Email: www.gcathletics.com