

2010 GULF COAST SUN RUN

Half-Marathon, 5K, & 1 Mile Run/Walk benefiting Gulf Coast Athletics

Saturday, September 18, 2010
Aaron Bessant Park (at Pier Park)
500 West Park Drive | Panama City Beach, Florida 32413

Runner Registration

Timing/Certification: Professionally timed; Half Marathon pending certification.

Location: The SUN RUN will start and finish at Aaron Bessant Park (at Pier Park) located at 500 West Park Drive, Panama City Beach, Florida 32413.

Route: Enjoy an exhilarating run through Pier Park and along Front Beach Road in beautiful Panama City Beach, Florida.

Race Director: Mr. Joe Edgecombe

T-Shirts*: Runners will receive a short-sleeve 2010 SUN RUN T-Shirt in their race packet.

Aid Stations: Water/Aid stops along the route.

Awards: Will be presented to Half Marathon and 5K Winners (Male and Female) for standard 5 year age groups in the Overall, 2nd, 3rd, Masters (40-49), Grand Masters (50-59), Senior Grand Masters (60+); and the Fun Run/Walk (12 & Under) category.

Schedule of Events (times are tentative)

Friday, September 17, 2010

2:00 p.m. - 6:00 p.m. | Pick up Race Packet (TBD)

Please see www.gulfcoast.edu/foundation/events

Saturday, September 18, 2010

6:30 a.m. | Race Day Registration 5K and Run/Walk Only

7:30 a.m. | Half Marathon Begins ***

7:45 a.m. | 5K Begins

9:45 a.m. | Fun Run/Walk Begins

11:00 a.m. | Awards

11:15 a.m. | After Race Celebration

Entry Fees No Refunds** (payment details on back)

Half Marathon Run: \$40 (\$50 after September 9)

5K Run: \$25 (\$35 after September 9)

Fun Run/Walk: \$15 (\$20 after September 9)

Event Proceeds

All proceeds from the 2010 SUN RUN will support Gulf Coast Athletics. Your contribution is helping student athletes accomplish their goals. Thank you for participating!

Registration Options: Return Form (on reverse) by **September 13** or register online at www.active.com
NO race day registration for the half marathon.

Information:

☎ 850.872.3862 (Heather Ricketts, Gulf Coast Community College Foundation)

✉ hricketts@gulfcoast.edu

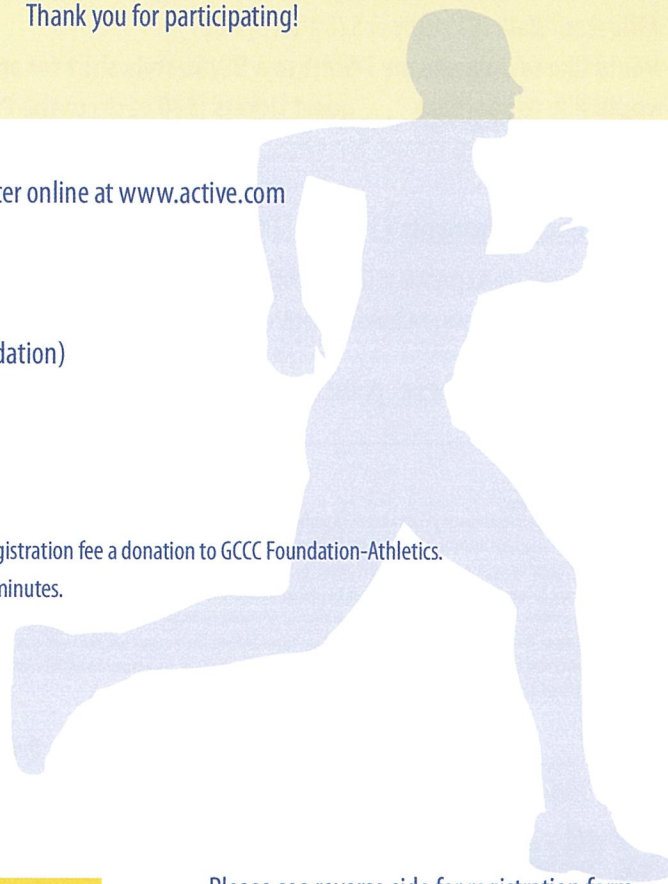
🌐 www.gulfcoast.edu/foundation/events

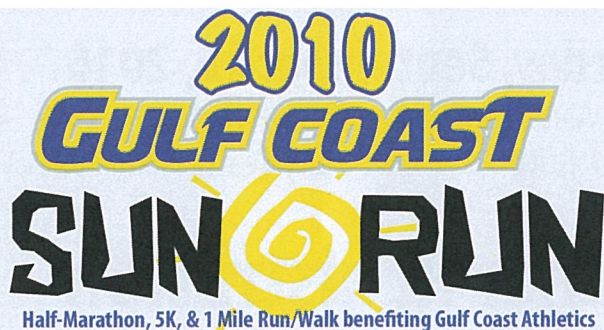
*T-Shirt: A t-shirt is not guaranteed for registrations received after 9/9/10

**No Refunds: If the race must be cancelled due to severe weather, we will consider your registration fee a donation to GCCC Foundation-Athletics.

***All runners of the half marathon must complete the race within three hours and fifteen minutes.

Thank you for supporting Gulf Coast Athletics!





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Runner Registration

Runner Entry Information (please print) You can also register online at www.gulfcoast.edu/foundation/events or at www.active.com.

Race Entry : [] Half Marathon [] 5K Run [] 1 Mile Run/Walk

Name: Age (as of 9/9/10): Sex: [] Male [] Female

Address:

City: State: Zip:

Contact Name: Telephone: E-mail:

T-shirt Size: [] X-Small [] Small [] Medium [] Large [] X-Large

Team/Club Identification

If you are registering for the 2010 SUN RUN as a member of a team or club, please provide the information requested below. Please note that each team/club member participating in this event will also be required to complete this Runner Registration Form. If you have any questions, please contact Heather Ricketts at 850.872.3862 or hricketts@gulfcoast.edu.

Name of Team/Club:

Contact Name: Contact Phone Number: E-mail:

Payment

To confirm your registration, please complete and return this registration form with your payment to the Gulf Coast Community College Foundation:

Select Race & Amount:

[] Half Marathon (\$40 Early or \$50 after 9/9/10) \$

[] 5K Run (\$25 Early or \$35 after 9/9/10) \$

[] 1 Mile Run/Walk (\$15 Early or \$20 after 9/9/10) \$

[] I would like to upgrade my T-Shirt to a Dryfit-style shirt for an additional \$20 \$

[] I would like to purchase ___ guest tickets (\$10 each) to the Post-Race Celebration \$

Total: \$

Select Method of Payment: [] Check [] Credit Card (please see below) [] Cash

Check: (please make checks payable to GCCC Foundation and indicate SUN RUN on the memo line)

The Gulf Coast Community College Athletics Council, Attn: Barbara Gilbert | 5230 West U.S. Highway 98 | Panama City, FL 32401

Credit Card: [] Visa [] MasterCard [] AMEX

Card Number: Exp. Date: Name as it appears on card (please print):

Waiver /Release:

I understand that competing and participating in a road race is a potentially hazardous activity. I understand that I should be medically able to participate and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity, traffic, and the conditions of the road and/or route, all such risks being known and appreciated by me. As a participant in this event, I hereby give the right and permission to The Gulf Coast Community College Foundation, Inc. to use recorded voice and photographic images through any medium. I waive my right to inspect or approve the finished copy, images, or printed matter that may be created in conjunction with the event for any fundraising or promotional purpose. Having read this waiver and release and knowing these facts, I understand that by signing this waiver and release I, for myself and anyone entitled to act on my behalf, waive and release The Gulf Coast Community College Foundation, Inc., Gulf Coast Community College, The Gulf Coast Athletic Advisory Council, and their affiliates, representatives, sponsors, volunteers, vendors, Joe Edgecombe, Bay County, Panama City Beach, Pier Park, and others connected with these events and their successors from any and all claims or liabilities of any kind arising out of my participation in the SUN RUN Half Marathon, 5K, and Fun Run/Walk Event, even though that liability may arise out of the negligence or carelessness on the part of the persons putting on this event. I understand that all registrations are final and that no refund will be available once I submit my registration for this event. My signature below indicates that I understand, accept, and agree to this waiver and release.

Signature: Print Name: Date:

(signature of parents if under 18 years of age)

